



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

kantimm, karina

Club: wt-soest

Number: 327

Course: 20.00 km

20 km Nordic Walking

Total time: 2:46:54

Speed: 7.19 km/h

metres in height up: 135

Course score: 22.03

performance score: 158 Points