



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

schweng, gisela

Club: wt-soest

Number: 325

Course: 20.00 km

20 km Nordic Walking

Total time: 2:49:57

Speed: 7.06 km/h

metres in height up: 135

Course score: 22.03

performance score: 155 Points