



6. LSF-Walking-Day  
Münster / 19.06.2010

Detailed evaluation

Kind, Eva-Maria

Club: Nordic Bears

Number: 303

Course: 20.00 km

20 km Nordic Walking

Total time: 2:52:29

Speed: 6.96 km/h

metres in height up: 135

Course score: 22.03

performance score: 153 Points