



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Herrmann, Andreas

Club: TV Hemer Raupenflitzer
Number: 315

Course: 20.00 km
20 km Nordic Walking

Total time: 2:58:13

Speed: 6.73 km/h

metres in height up: 135
Course score: 22.03

performance score: 148 Points