



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Duhnke, Vuokko

Club: DJK Preussen Bochum
Number: 390

Course: 20.00 km
20 km Nordic Walking

Total time: 3:03:15

Speed: 6.55 km/h

metres in height up: 135
Course score: 22.03

performance score: 144 Points