



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Hennes, Elke

Club: TBS-Herne
Number: 347

Course: 20.00 km
20 km Nordic Walking

Total time: 3:04:50

Speed: 6.49 km/h

metres in height up: 135
Course score: 22.03

performance score: 143 Points