



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Gommen-Rechau, Gaby

Club: N.-W.-Hobbygruppe

Number: 10

Course: 5.00 km

5 km Nordic Walking

Total time: 42:06

Speed: 7.13 km/h

metres in height up: 36

Course score: 5.54

performance score: 40 Points