



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

**Tschirner, Beate**

Club: Koronarsportverein Distel-Walker  
Number: 5

Course: 5.00 km  
5 km Nordic Walking

Total time: 51:13

Speed: 5.86 km/h

metres in height up: 36  
Course score: 5.54

performance score: 32 Points