



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

seiffert, jutta

Club: wt-soest

Number: 17

Course: 5.00 km

5 km Nordic Walking

Total time: 51:14

Speed: 5.86 km/h

metres in height up: 36

Course score: 5.54

performance score: 32 Points