



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Glaremin, Alfred

Club: Walking Treff Möhnesee
Number: 192

Course: 10.00 km
10 km Walking

Total time: 1:02:20

Speed: 9.63 km/h

metres in height up: 69
Course score: 11.04

performance score: 106 Points