



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Paarmann, Karsten

Club: Walkingtreff Lünen
Number: 216

Course: 10.00 km
10 km Walking

Total time: 1:13:57

Speed: 8.11 km/h

metres in height up: 69
Course score: 11.04

performance score: 89 Points