



6. LSF-Walking-Day  
Münster / 19.06.2010

Detailed evaluation

Strozewski, Heidi

Club: LuW Wedinghofen

Number: 169

Course: 10.00 km

10 km Walking

Total time: 1:16:07

Speed: 7.88 km/h

metres in height up: 69

Course score: 11.04

performance score: 87 Points