



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Volmer, Uli

Club: Body & Soul Billerbeck
Number: 155

Course: 10.00 km
10 km Nordic Walking

Total time: 1:11:02

Speed: 8.45 km/h

metres in height up: 69
Course score: 11.04

performance score: 93 Points