



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

**Wendholt, Gerold**

Club: Body & Soul Billerbeck  
Number: 140

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:12:55

Speed: 8.23 km/h

metres in height up: 69  
Course score: 11.04

performance score: 91 Points