



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Ruschel, Elke

Club: Bottrop

Number: 177

Course: 10.00 km

10 km Walking

Total time: 1:19:53

Speed: 7.51 km/h

metres in height up: 69

Course score: 11.04

performance score: 83 Points