



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Gremmer, Susanne

Club: VR Bank Westthüringen eG
Number: 404

Course: 7.00 km

Walking/ Nordic Walking

Category:

Walking, Nordic Walking Frauen

Total time: 57:25

Speed: 7.31 km/h

Running performance: 8:12 min/km

Rank in course/Total: 5 (of 8)

Rank in course/Women: 4 (of 7)

Best time in course: 54:13

Rank in category: 4(of 7)

Best time in the category: 54:13