



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Jakob, Thomas

Club: Lutter
Number: 768

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M40

Total time: 1:14:40

Speed: 12.86 km/h
Running performance: 4:40 min/km

Rank in course/Total: 10 (of 83)

Rank in course/Men: 9 (of 66)

Best time in course: 1:02:34

Rank in category: 3(of 12)

Best time in the category: 1:09:56