



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Hesse, Uwe

Club: Runingclinic  
Number: 793

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M50

Total time: 1:17:53

Speed: 12.33 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 15 (of 83)

Rank in course/Men: 14 (of 66)

Best time in course: 1:02:34

Rank in category: 2(of 9)

Best time in the category: 1:15:37