



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Koopmann, Jan

Club: SVGW Bad Gandersheim
Number: 761

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:19:56

Speed: 12.01 km/h
Running performance: 5:00 min/km

Rank in course/Total: 25 (of 83)

Rank in course/Men: 24 (of 66)

Best time in course: 1:02:34

Rank in category: 5(of 14)

Best time in the category: 1:06:44