



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Grütze, Uwe

Club: Erfurt  
Number: 770

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M40

Total time: 1:20:37

Speed: 11.91 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 27 (of 83)

Rank in course/Men: 26 (of 66)

Best time in course: 1:02:34

Rank in category: 6(of 12)

Best time in the category: 1:09:56