



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Koch, Thomas

Club: Uder
Number: 755

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:24:39

Speed: 11.34 km/h
Running performance: 5:17 min/km

Rank in course/Total: 33 (of 83)

Rank in course/Men: 32 (of 66)

Best time in course: 1:02:34

Rank in category: 6(of 14)

Best time in the category: 1:06:44