



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen
Number: 787

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:26:21

Speed: 11.12 km/h
Running performance: 5:24 min/km

Rank in course/Total: 34 (of 83)

Rank in course/Men: 33 (of 66)

Best time in course: 1:02:34

Rank in category: 7(of 14)

Best time in the category: 1:06:44