



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Ruhland, Martin

Club: BSV blau weiß Lengenfeld/Stein
Number: 716

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M45

Total time: 1:26:42

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course/Total: 35 (of 83)

Rank in course/Men: 34 (of 66)

Best time in course: 1:02:34

Rank in category: 8(of 14)

Best time in the category: 1:06:44