



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Kämper, Anke

Club: Ecklingerode  
Number: 784

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Frauen W30

Total time: 1:27:51

Speed: 10.93 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 38 (of 83)  
Rank in course/Women: 3 (of 17)  
Best time in course: 1:13:12

Rank in category: 1(of 2)  
Best time in the category: 1:27:51