



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Nowinski, Carsten

Club: Lengenfeld unterm Stein
Number: 737

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M20

Total time: 1:32:19

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 48 (of 83)

Rank in course/Men: 44 (of 66)

Best time in course: 1:02:34

Rank in category: 5(of 9)

Best time in the category: 1:16:16