



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen  
Number: 724

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Frauen W50

Total time: 1:39:54

Speed: 9.61 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 62 (of 83)

Rank in course/Women: 6 (of 17)

Best time in course: 1:13:12

Rank in category: 1(of 1)

Best time in the category: 1:39:54