



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

hemmerden, manfred

Club: 1.SC 1911 Heilbad Heiligenstadt
Number: 743

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M55

Total time: 1:43:50

Speed: 9.25 km/h
Running performance: 6:29 min/km

Rank in course/Total: 71 (of 83)

Rank in course/Men: 61 (of 66)

Best time in course: 1:02:34

Rank in category: 6(of 7)

Best time in the category: 1:28:53