



## 8. Kanonenbahnlauf

Lengenfeld unterm Stein / 26.06.2010

### Detailed evaluation

**Beyer, Steffen**

Club: VfL 28 Ellrich

Number: 254

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Männer M45

Total time: 26:57

Speed: 15.58 km/h

Running performance: 3:51 min/km

Rank in course/Total: 7 (of 63)

Rank in course/Men: 7 (of 47)

Best time in course: 25:16

Rank in category: 1(of 7)

Best time in the category: 26:57