



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Lißmann, Sophie

Club: Uniklinik Göttingen  
Number: 252

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Frauen W20

Total time: 31:17

Speed: 13.43 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 22 (of 63)  
Rank in course/Women: 1 (of 16)  
Best time in course: 31:17

Rank in category: 1(of 3)  
Best time in the category: 31:17