



8. Kanonenbahnlauf
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Schmitz, Karola

Club: schmitz84
Number: 258

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Frauen W45

Total time: 34:19

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 33 (of 63)
Rank in course/Women: 3 (of 16)
Best time in course: 31:17

Rank in category: 1(of 3)
Best time in the category: 34:19