



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

Lorenz, Sylvia

Club: Lengenfeld unterm Stein  
Number: 246

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Frauen W30

Total time: 35:07

Speed: 11.96 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 35 (of 63)  
Rank in course/Women: 4 (of 16)  
Best time in course: 31:17

Rank in category: 1(of 1)  
Best time in the category: 35:07