



8. Kanonenbahnlauf  
Lengenfeld unterm Stein / 26.06.2010

Detailed evaluation

**Skora, Heike**

Club: Budokan Heiligenstadt  
Number: 249

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Frauen W35

Total time: 41:19

Speed: 10.17 km/h  
Running performance: 5:54 min/km

Rank in course/Total: 54 (of 63)  
Rank in course/Women: 12 (of 16)  
Best time in course: 31:17

Rank in category: 1(of 3)  
Best time in the category: 41:19