



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Breitwieser, Roman

Total time: 11:57:23

Club: Fronius International GmbH/Team Sprengkommando
Number: 87

Speed: 8.35 km/h
Running performance: 7:11 min/km

Course: 99.83 km
Thüringen Ultra

Rank in course/Total: 57 (of 212)

Rank in course/Men: 51 (of 185)

Best time in course: 8:36:39

Category:
Männer M30

Rank in category: 6(of 11)

Best time in the category: 8:36:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:14:19	5:36	4	16:31	21	18:20	23.96	2:14:19	5:36	7	16:31	60	
Floh-Seligenthal	26.92	2:44:15	6:06	8	34:41	46	34:41	50.88	4:58:34	5:52	7	51:12	60	
Finsterbergen	24.12	3:19:05	8:15	7	1:06:36	74	1:09:29	75.00	8:17:39	6:38	6	1:57:48	53	1:57:48
Fröttstädt	24.83	3:39:44	8:50	7	1:22:56	72	2:27:14	99.83	11:57:23	7:11	6	3:20:44	55	6:07:47