



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Scheunemann, Petra

Club: LT Taunusstein-Neuhof
Number: 129

Course: 99.83 km
Thüringen Ultra

Category:
Frauen W45

Total time: 12:17:39

Speed: 8.05 km/h
Running performance: 7:23 min/km

Rank in course/Total: 69 (of 212)

Rank in course/Women: 9 (of 27)

Best time in course: 10:18:40

Rank in category: 4(of 6)

Best time in the category: 10:48:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Ruhlaer Skihütte	23.96	2:49:22	7:04	4	22:39	11	34:04	23.96	2:49:22	7:04	5			19
Floh-Seligenthal	26.92	2:54:15	6:28	4	11:08	8	20:34	50.88	5:43:37	6:45	4	33:47		19
Finsterbergen	24.12	3:17:55	8:12	4	29:12	9	47:42	75.00	9:01:32	7:13	4	1:02:59		17
Fröttstädt	24.83	3:16:07	7:53	3	25:58	5	32:16	99.83	12:17:39	7:23	4	1:28:57	9	1:58:59