



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

**Buchholz, Matthias**

Club: TU - Chemnitz  
Number: 22

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M20

Total time: 12:18:51

Speed: 8.04 km/h  
Running performance: 7:24 min/km

Rank in course/Total: 70 (of 212)

Rank in course/Men: 61 (of 185)

Best time in course: 8:36:39

Rank in category: 6(of 9)

Best time in the category: 9:38:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:31:58	6:20	3	29:58	62	35:59	23.96	2:31:58	6:20	6	29:58	71	
Floh-Seligenthal	26.92	2:59:21	6:39	6	39:12	82	49:47	50.88	5:31:19	6:30	6	1:09:10	71	
Finsterbergen	24.12	3:17:50	8:12	6	47:15	70	1:08:14	75.00	8:49:09	7:03	6	1:56:25	64	2:29:18
Fröttstädt	24.83	3:29:42	8:26	6	44:19	64	2:17:12	99.83	12:18:51	7:24	7	6:29:15	65	6:29:15