



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Eisner, Gerhard

Club: LG-Schefflenztal  
Number: 60

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 12:19:51

Speed: 8.03 km/h  
Running performance: 7:25 min/km

Rank in course/Total: 72 (of 212)

Rank in course/Men: 63 (of 185)

Best time in course: 8:36:39

Rank in category: 15(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:47:33	6:59	20	47:31	99	51:34	23.96	2:47:33	6:59	18		73	
Floh-Seligenthal	26.92	3:12:09	7:08	21	55:26	108	1:02:35	50.88	5:59:42	7:04	18		73	
Finsterbergen	24.12	3:12:45	7:59	14	48:49	58	1:03:09	75.00	9:12:27	7:21	17		66	2:52:36
Fröttstädt	24.83	3:07:24	7:32	6	27:25	31	1:54:54	99.83	12:19:51	7:24	15	2:50:03	67	6:30:15