



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Lehmann, Eric

Club: Mittelschule Eibenstock
Number: 144

Course: 99.83 km
Thüringen Ultra

Category:
Männer M30

Total time: 12:26:19

Speed: 7.96 km/h
Running performance: 7:29 min/km

Rank in course/Total: 74 (of 212)

Rank in course/Men: 65 (of 185)

Best time in course: 8:36:39

Rank in category: 7(of 11)

Best time in the category: 8:36:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:31:12	6:18	8	33:24	57	35:13	23.96	2:31:12	6:18	8	33:24	76	
Floh-Seligenthal	26.92	2:41:33	6:00	7	31:59	38	31:59	50.88	5:12:45	6:08	8	1:05:23	76	
Finsterbergen	24.12	2:57:07	7:20	6	44:38	40	47:31	75.00	8:09:52	6:31	7	1:50:01	68	1:50:01
Fröttstädt	24.83	4:16:27	10:19	8	1:59:39	123	3:03:57	99.83	12:26:19	7:28	7	3:49:40	69	6:36:43