



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Gminder, Andreas

Club: Jenaer Radverein
Number: 30

Course: 99.83 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:41:33

Speed: 7.80 km/h
Running performance: 7:38 min/km

Rank in course/Total: 79 (of 212)

Rank in course/Men: 70 (of 185)

Best time in course: 8:36:39

Rank in category: 19(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:31:23	6:19	18	20:02	59	35:24	23.96	2:31:23	6:19	53		85	
Floh-Seligenthal	26.92	2:54:46	6:29	21	27:16	74	45:12	50.88	5:26:09	6:24	53		85	
Finsterbergen	24.12	3:23:39	8:26	23	1:14:03	85	1:14:03	75.00	8:49:48	7:03	46		75	2:29:57
Fröttstädt	24.83	3:51:45	9:20	25	2:39:15	87	2:39:15	99.83	12:41:33	7:37	21	5:18:04	74	6:51:57