



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Meininger, Ulrich

Club: M&H Rennsteigteam
Number: 12

Course: 99.83 km
Thüringen Ultra

Category:
Männer M50

Total time: 12:47:04

Speed: 7.74 km/h
Running performance: 7:41 min/km

Rank in course/Total: 82 (of 212)

Rank in course/Men: 73 (of 185)

Best time in course: 8:36:39

Rank in category: 15(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:27:43	6:09	11	31:44	49	31:44	23.96	2:27:43	6:09	36		88	
Floh-Seligenthal	26.92	2:42:53	6:03	10	31:35	42	33:19	50.88	5:10:36	6:06	36		88	
Finsterbergen	24.12	3:32:05	8:47	21	1:09:31	99	1:22:29	75.00	8:42:41	6:58	33		78	2:22:50
Fröttstädt	24.83	4:04:23	9:50	22	1:39:50	110	2:51:53	99.83	12:47:04	7:41	15	3:41:21	77	6:57:28