



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Hertinger, Bernhard

Club: LT Hemsbach
Number: 236

Course: 99.83 km
Thüringen Ultra

Category:
Männer M55

Total time: 12:48:16

Speed: 7.73 km/h
Running performance: 7:42 min/km

Rank in course/Total: 85 (of 212)

Rank in course/Men: 76 (of 185)

Best time in course: 8:36:39

Rank in category: 2(of 17)

Best time in the category: 11:18:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:55:23	7:19	7	34:38	125	59:24	23.96	2:55:23	7:19	16		91	
Floh-Seligenthal	26.92	3:13:21	7:10	7	36:16	113	1:03:47	50.88	6:08:44	7:14	16		91	
Finsterbergen	24.12	3:16:24	8:08	4	21:34	68	1:06:48	75.00	9:25:08	7:32	16		81	3:05:17
Fröttstädt	24.83	3:23:08	8:10	3	5:10	57	2:10:38	99.83	12:48:16	7:41	2	1:29:52	80	6:58:40