



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Hall, Dwight

Club: RTE

Number: 147

Course: 99.83 km

Thüringen Ultra

Category:

Männer M45

Total time: 12:48:26

Speed: 7.73 km/h

Running performance: 7:42 min/km

Rank in course/Total: 86 (of 212)

Rank in course/Men: 77 (of 185)

Best time in course: 8:36:39

Rank in category: 22(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Total	
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:48:55	7:02	32	37:34	103	52:56	23.96	2:48:55	7:02	2				92
Floh-Seligenthal	26.92	3:04:38	6:51	25	37:08	92	55:04	50.88	5:53:33	6:56	2				92
Finsterbergen	24.12	3:35:15	8:55	28	1:25:39	104	1:25:39	75.00	9:28:48	7:35	49			82	3:08:57
Fröttstädt	24.83	3:19:38	8:02	10	2:07:08	48	2:07:08	99.83	12:48:26	7:41	24	5:24:57	81		6:58:50