



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Rothe, Gunter

Club: Lauffeuer Fröttstädt
Number: 222

Course: 99.83 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:52:02

Speed: 7.69 km/h
Running performance: 7:44 min/km

Rank in course/Total: 88 (of 212)

Rank in course/Men: 78 (of 185)

Best time in course: 8:36:39

Rank in category: 23(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ruhlaer Skihütte | 23.96 | 3:00:35 | 7:32 | 42 | 49:14 | 143 | 1:04:36 | 23.96 | 3:00:35 | 7:32 | 3 | 11:34 | 93 | 0:57 |
| Floh-Seligenthal | 26.92 | 3:18:26 | 7:22 | 37 | 50:56 | 123 | 1:08:52 | 50.88 | 6:19:01 | 7:26 | 3 | 5:04 | 93 | 8:02 |
| Finsterbergen | 24.12 | 3:01:22 | 7:31 | 8 | 51:46 | 45 | 51:46 | 75.00 | 9:20:23 | 7:28 | 14 | | 83 | 3:00:32 |
| Fröttstädt | 24.83 | 3:31:39 | 8:31 | 17 | 2:19:09 | 65 | 2:19:09 | 99.83 | 12:52:02 | 7:44 | 25 | 5:28:33 | 82 | 7:02:26 |