



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Hackenthal, Matthias

Club: Berlin
Number: 237

Course: 99.83 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:53:37

Speed: 7.68 km/h
Running performance: 7:45 min/km

Rank in course/Total: 89 (of 212)

Rank in course/Men: 79 (of 185)

Best time in course: 8:36:39

Rank in category: 24(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:38:58	6:38	26	27:37	83	42:59	23.96	2:38:58	6:38	4		94	
Floh-Seligenthal	26.92	2:55:41	6:31	23	28:11	76	46:07	50.88	5:34:39	6:34	4		94	
Finsterbergen	24.12	3:22:39	8:24	21	1:13:03	81	1:13:03	75.00	8:57:18	7:09	2		84	2:37:27
Fröttstädt	24.83	3:56:19	9:31	29	2:43:49	94	2:43:49	99.83	12:53:37	7:44	26	5:30:08	83	7:04:01