



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Kalitzsch, Lutz

Club: Triathlonfreunde Wittenberg  
Number: 169

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 13:06:53

Speed: 7.55 km/h  
Running performance: 7:53 min/km

Rank in course/Total: 94 (of 212)

Rank in course/Men: 84 (of 185)

Best time in course: 8:36:39

Rank in category: 18(of 37)

Best time in the category: 9:05:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:47:08	6:58	19	51:09	96	51:09	23.96	2:47:08	6:58	2		99	
Floh-Seligenthal	26.92	3:12:54	7:09	22	1:01:36	111	1:03:20	50.88	6:00:02	7:04	2	5:43	99	
Finsterbergen	24.12	3:26:12	8:32	18	1:03:38	88	1:16:36	75.00	9:26:14	7:32	10		89	3:06:23
Fröttstädt	24.83	3:40:39	8:53	14	1:16:06	73	2:28:09	99.83	13:06:53	7:52	18	4:01:10	88	7:17:17