



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Habrecht, Rainer

Club: TSSC 07 e.V.
Number: 239

Course: 99.83 km
Thüringen Ultra

Category:
Männer M30

Total time: 13:13:46

Speed: 7.48 km/h
Running performance: 7:57 min/km

Rank in course/Total: 103 (of 212)

Rank in course/Men: 92 (of 185)

Best time in course: 8:36:39

Rank in category: 9(of 11)

Best time in the category: 8:36:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:56:37	7:22	11	58:49	133	1:00:38	23.96	2:56:37	7:22	10	58:49	107	
Floh-Seligenthal	26.92	3:15:31	7:15	10	1:05:57	116	1:05:57	50.88	6:12:08	7:18	10	2:04:46	107	1:09
Finsterbergen	24.12	3:22:51	8:24	9	1:10:22	83	1:13:15	75.00	9:34:59	7:39	9	3:15:08	97	3:15:08
Fröttstädt	24.83	3:38:47	8:48	6	1:21:59	71	2:26:17	99.83	13:13:46	7:57	9	4:37:07	96	7:24:10