



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Fiehring, Wolfgang

Club: SV Steinbach
Number: 86

Course: 99.83 km
Thüringen Ultra

Category:
Männer M55

Total time: 13:22:34

Speed: 7.40 km/h
Running performance: 8:02 min/km

Rank in course/Total: 108 (of 212)

Rank in course/Men: 97 (of 185)

Best time in course: 8:36:39

Rank in category: 7(of 17)

Best time in the category: 11:18:24

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Total	
	km	Time			min/km	Cat.		Men	Men			km	Time
Ruhlaer Skihütte	23.96	2:31:30	6:19	3	10:45	60	35:31	23.96	2:31:30	6:19	11		112
Floh-Seligenthal	26.92	2:56:14	6:32	3	19:09	77	46:40	50.88	5:27:44	6:26	11		112
Finsterbergen	24.12	3:14:49	8:04	3	19:59	64	1:05:13	75.00	8:42:33	6:58	11		102 2:22:42
Fröttstädt	24.83	4:40:01	11:16	14	1:22:03	144	3:27:31	99.83	13:22:34	8:02	7	2:04:10	101 7:32:58