



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Bergh, Jannicke

Club: Romerike Ultraloper Klubb
Number: 133

Course: 99.83 km
Thüringen Ultra

Category:
Frauen W40

Total time: 13:26:44

Speed: 7.42 km/h
Running performance: 8:05 min/km

Rank in course/Total: 111 (of 212)

Rank in course/Women: 12 (of 27)

Best time in course: 10:18:40

Rank in category: 7(of 12)

Best time in the category: 10:18:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	2:41:56	6:45	6	26:38	10	26:38	23.96	2:41:56	6:45	7	14:50	16	
Floh-Seligenthal	26.92	3:17:20	7:19	7	43:39	13	43:39	50.88	5:59:16	7:03	7	54:40	16	
Finsterbergen	24.12	3:34:43	8:54	8	1:04:30	13	1:04:30	75.00	9:33:59	7:39	7	1:59:10	14	
Fröttstädt	24.83	3:52:45	9:22	5	1:08:54	10	1:08:54	99.83	13:26:44	8:04	7	3:08:04	12	3:08:04