



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Pautzsch, Andreas

Club: Kanu Altenburg  
Number: 187

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 13:27:20

Speed: 7.36 km/h  
Running performance: 8:05 min/km

Rank in course/Total: 112 (of 212)

Rank in course/Men: 100 (of 185)

Best time in course: 8:36:39

Rank in category: 32(of 54)

Best time in the category: 10:20:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:52:36	7:12	35	41:15	116	56:37	23.96	2:52:36	7:12	12	3:35	115	
Floh-Seligenthal	26.92	3:07:18	6:57	28	39:48	98	57:44	50.88	5:59:54	7:04	12		115	
Finsterbergen	24.12	3:34:02	8:52	27	1:24:26	100	1:24:26	75.00	9:33:56	7:39	10		105	3:14:05
Fröttstädt	24.83	3:53:24	9:23	26	2:40:54	89	2:40:54	99.83	13:27:20	8:05	34	6:03:51	104	7:37:44