



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Kuczulaba, Maik

Club: Kiliani Klinik Bad Windsheim  
Number: 18

Course: 99.83 km  
Thüringen Ultra

Category:  
Männer M35

Total time: 13:33:04

Speed: 7.31 km/h  
Running performance: 8:08 min/km

Rank in course/Total: 116 (of 212)

Rank in course/Men: 104 (of 185)

Best time in course: 8:36:39

Rank in category: 10(of 16)

Best time in the category: 9:03:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:56:26	7:21	14	54:18	130	1:00:27	23.96	2:56:26	7:21	12	3:32	119		
Floh-Seligenthal	26.92	3:07:36	6:58	10	50:06	99	58:02	50.88	6:04:02	7:09	12		119		
Finsterbergen	24.12	3:31:51	8:46	10	1:18:35	97	1:22:15	75.00	9:35:53	7:40	11	3:02:57	109	3:16:02	
Fröttstädt	24.83	3:57:11	9:33	10	2:41:42	96	2:44:41	99.83	13:33:04	8:08	11	6:09:35	108	7:43:28	