



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Fett, Dirk

Club: SSV Dreisen
Number: 146

Course: 99.83 km
Thüringen Ultra

Category:
Männer M40

Total time: 13:39:04

Speed: 7.25 km/h
Running performance: 8:12 min/km

Rank in course/Total: 118 (of 212)

Rank in course/Men: 106 (of 185)

Best time in course: 8:36:39

Rank in category: 17(of 31)

Best time in the category: 9:29:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:38:23	6:36	14	38:21	78	42:24	23.96	2:38:23	6:36	14			121
Floh-Seligenthal	26.92	2:56:46	6:33	15	40:03	79	47:12	50.88	5:35:09	6:35	14			121
Finsterbergen	24.12	3:31:59	8:47	19	1:08:03	98	1:22:23	75.00	9:07:08	7:17	14			111 2:47:17
Fröttstädt	24.83	4:31:56	10:57	21	1:51:57	137	3:19:26	99.83	13:39:04	8:12	17	4:09:16	110	7:49:28